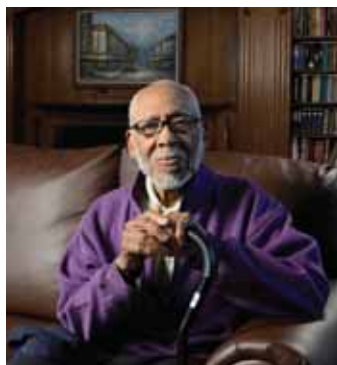




“Thanks to SilverSource, I was able to get the vision care and eyeglasses I desperately needed. Now, I can read stories to my grandchildren without any struggle. Their smiles and laughter make every moment so special, and I am forever grateful for this support.”

Maria L.





Kathleen Bordelon
Chief Executive Officer



Thomas R. Getreuer, DDS
President, Board of Directors

Dear Friends of SilverSource,

As I reflect on another transformative year at SilverSource, I am thrilled to share this Community Impact Report and highlight our success stories and initiatives to improve the lives of seniors and their families.

Strategic Investments & Milestones

The big news this year is our new space! We simply ran out of offices for our professional social work team. Our new location offers more room for our team, expanded programming, a family counseling space, an expanded food pantry, and a Lifelong Learning Lab. Plus, it has better parking for visitors!

We are grateful for funding for another wheelchair van, allowing us to meet the 23% increase in requests for wheelchair rides to medical appointments. Transportation remains the second biggest challenge facing seniors, after affordable housing. We are committed to helping to remove the cost of transportation as a barrier to healthcare.

- Our educational programming includes a partnership with UCONN Extension services, who provide nutrition education for seniors in our classroom.
- The “Wine Women and Dementia” program at the Fergusson Library brought the community together with caregiver support professionals as well as those interested in ongoing dementia care for their loved ones.
- Our partnership with Protective Services for the Elderly division of the State Department of Social Services taps our nimble professional team on cases of elder abuse and neglect to provide critical resources quickly across towns in Fairfield County.

All these advancements are made possible by the unwavering support of you—our donors, partners, and volunteers. Thank you for being an integral part of our journey and for continuing to support SilverSource as we strive to uplift and empower our community.

With heartfelt gratitude,

Kathleen Bordelon

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Chief Executive Officer

Meet Patricia

70% of SilverSource clients are women



AT A GLANCE

Patricia is a recently widowed 79-year-old woman with numerous medical issues. She has only one son, Chris, who lives in California.

CHALLENGES

In addition to cardiovascular issues, she has diabetes, thyroid disease, and high blood pressure. The loss of her husband has not only left Patricia with financial challenges due to the loss of his Social Security income but has led to increased isolation and depression. Patricia needs a knee replacement and has mobility issues that require her to use a walker.

SOLUTIONS

SilverSource helped Patricia navigate her transition to live with her son in California. While her son made arrangements for mom on the west coast, SilverSource supported Patricia with assistance for medical prescriptions, heating oil and food. Patricia also received weekly Well-Check calls from our Volunteers to reduce isolation and connect her to our support team.

KEY METRICS



137

Seniors received energy assistance



1,407

Prescriptions filled



8,557

Caring Connections leading to enhanced stability & health

"The emotional support that SilverSource provided for my Mom was every bit as valuable as the financial."

Chris L., Patricia's Son

1

Counseling

SilverSource provided counsel and support to Patricia and her son Chris as they made difficult decisions after Patricia's husband's death and her health challenges.

2

Well-Check Calls

A volunteer called Patricia to say hello, reducing her feeling of isolation and shared concerns with the SilverSource team.

3

Moving Support

A dumpster was provided for the family to clean out the home before Patricia moved to live with her son in California.

Meet Grey

74% of the seniors
SilverSource serves
live alone

AT A GLANCE

Grey is a U.S. Army Veteran who lives alone. He has been struggling with medical issues and has a history of losing his balance and falling. He was in and out of the hospital frequently over several months.

CHALLENGES

Released from a post hospitalization rehabilitation center, Grey fell almost immediately after returning home. After another hospitalization and further therapeutic rehabilitation, he gained strength and learned how to transfer from his wheelchair to a bed. We assessed his apartment and determined what safeguards were needed for him before he returned home.

SOLUTIONS

SilverSource purchased and installed a wheelchair ramp, as well as grab bars in his bathroom. Additionally, SilverSource helped with rent, energy assistance, SNAP benefits, and food. These steps helped ensure a positive outcome for him allowing him to live at home safely. SilverSource partners with volunteers at the Veterans Resource Center to support his ongoing home care and safety needs.

KEY METRICS



588

Seniors received household support



6,630

Days of Personal Alert System services



\$440

Average spent per client for home safety support

Our housing stability program prevented 207 evictions this year and works with seniors to secure safe and affordable housing.

Thank You Supporters

\$25,000+

Peggy Bell Kalter
John & Ethel Noble Charit. Trust
Stamford Comm'ty Dev't Office
Stamford Social Services Dept.
SWCAA (SW CT Agency on Aging)
Tom & Susan Van Riper

\$10,000 to \$24,999

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St. John's Comm'ty Foundation
Stamford Health

1

Benefits Check Up

Our social work team worked with Grey to ensure that he was getting all his veterans benefits as well as other support.

2

Aging in Place

Our social workers assessed Grey's home and had a wheelchair ramp installed.

3

Home Care

SilverSource provide 712 hours of home care services.

Meet Pedro



*On average,
each client accesses
six distinct services*

AT A GLANCE

Pedro is a 65-year-old man born in the Dominican Republic who came to the U.S. in 1990 to play professional baseball. A kind and cheerful man, Pedro can laugh at the little things in life and inspires others while he sings and plays the piano at his church.

CHALLENGES

Pedro suffers from loss of sight and has been diagnosed with retinitis pigmentosa, an inherited eye disease. While it has been a huge challenge in his life, it does not prevent him from living a full life.

SOLUTIONS

SilverSource helped Pedro by paying for his prescriptions and dental work. He also receives weekly food deliveries and transportation to medical appointments. Additionally, SilverSource provided Pedro with a tablet computer, which has become his guide and his eyes, allowing him to grocery shop and cross the street safely.

KEY METRICS



354

Seniors received healthy food support



297

Seniors received support for healthcare*



5,533

Rides to medical appointments

*Healthcare needs include hearing, vision and dental

SilverSource saves clients an average of \$3,000 in home care costs.



1

Prescription/Healthcare

Clients saved an average of \$480 Rx co-pay costs, allowing them to use their limited incomes on rent and other basic needs.

2

Food & Nutrition

Staff and volunteers prepare and deliver weekly groceries that meet the need of a client's dietary restrictions, such as diabetes and kidney disease.

3

Transportation

The Ride to Wellness program removes transportation costs as a barrier to healthcare, preserving our clients' limited incomes for other basic needs.

Meet Didi

Approximately 1 in 10 older adults are affected by abuse, neglect, exploitation, or abandonment each year. This includes varied types of maltreatment such as physical, emotional, and financial abuse.¹

AT A GLANCE

Didi is a 71-year-old woman who was referred to us by Protective Services for the Elderly due to elder abuse, fraud and neglect. She is disabled, suffers from memory loss and was found abandoned in her home with no food.

CHALLENGES

Didi has a brain injury resulting from a stroke. She was deprived of food and care by a family member and was left alone for extended periods of time. In addition to being neglected, the family member took advantage and depleted her life savings.

SOLUTIONS

SilverSource worked with Connecticut Protective Services for the Elderly (PSE) to help Didi remain in her home with the support of a qualified caregiver. SilverSource also helped Didi by providing meals and food for herself and her cat while collaborating with Stamford Health and the court system on her behalf.

KEY METRICS



1,374
Senior households
accessed our services



712
Hours of home
care provided



297
Seniors received
support for healthcare*

* Healthcare needs include
hearing, vision and dental

“Seniors tend to be the more targeted victims of exploitation and abuse. We see SilverSource as a strong partner that is able to meet needs immediately.”

*Edward,
State of CT Protective Services
for the Elderly*

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Michael & Marie Lombardo

1 Safety

SilverSource has worked with State of CT Protective Services for the Elderly to provide Didi with a safe living situation and a new court appointed guardian.

2 Housing Stability

SilverSource helped Didi to safely remain in her home with a qualified caregiver, along with support for her beloved cat, and fresh food.

3 Outreach

In addition to the State of CT Protective Services for the Elderly, SilverSource has worked with Stamford Health and the court system on Didi's behalf.

¹ Connecticut Coalition of Elder Justice

Navigating Uncertainty

SilverSource is committed to serving residents of lower Fairfield County by delivering a wide range of programs and support services to improve the health and well-being of seniors.

We provide more than 50 individualized services along with emergency financial assistance to help cover essential expenses, enabling them to keep their independence and quality of life despite financial challenges.

Housing and Health – A Measure of Wellbeing

The rising cost of housing and the lack of affordable senior housing continues to pressure seniors who hope to remain in the community. Seniors who come to us for assistance are paying an average of 50% of their limited income on rent. This forces seniors to make challenging decisions about paying for food, healthcare or shelter. SilverSource helped 124 older people stay in their homes over the past year.

Access to Healthcare

SilverSource filled 1,407 prescriptions and provided a total of 5,533 rides to and from medical appointments. Additionally, we helped 297 seniors with financial assistance for healthcare, including hearing, vision, and dental.

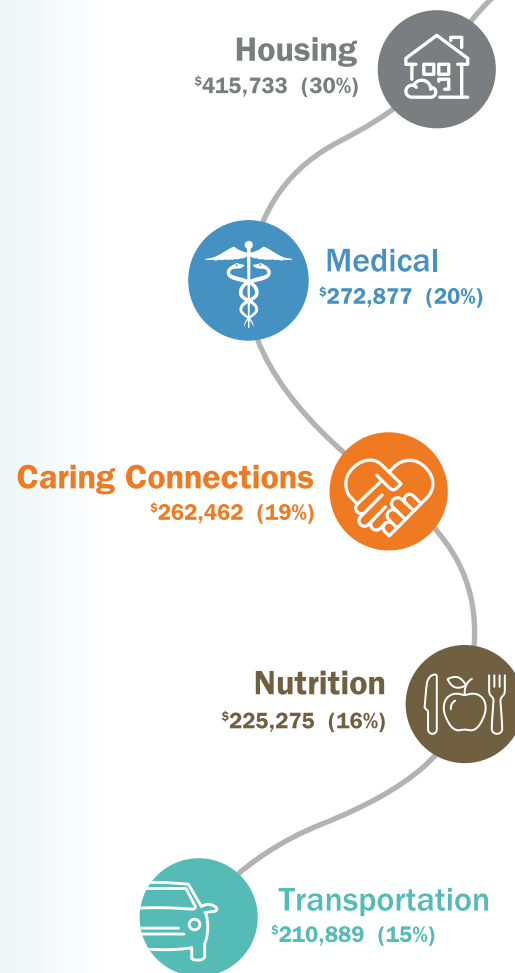
Our Ride to Wellness program transports older adults to and from medical appointments free of charge, removing the cost of transportation as a barrier to healthcare.

Combating Food Insecurity

SilverSource ensures our most vulnerable seniors who are economically challenged and home-bound due to medical conditions or disabilities receive essential financial aid and care management. Our volunteers shop and deliver food weekly, providing needed supplies and a welcome visit. In addition, our expanded food pantry offers food, adult diapers, soap, and other personal care and hygiene products.

Staying Connected in Person and Online

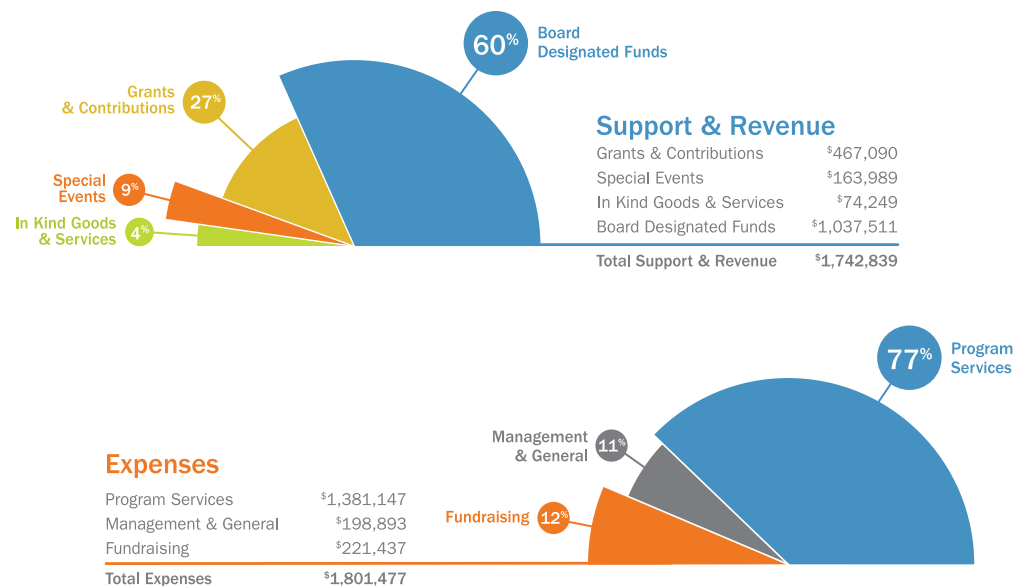
Our Outreach program provided more than 8,557 visits. Our new space includes a Lifelong Learning Lab so we can continue to bridge the digital divide for seniors. Programs will help seniors navigate the internet safely, preparing them to connect with friends and loved ones online, access community and state resources, as well as medical records and appointments.



→ To Our Connectors, Thank You

None of the connections we bring to seniors would be possible without the incredible generosity of our donors, the support of our community leaders, our wonderful volunteers, and our partners. Your belief in our mission, your financial support, and your dedication to our cause empowers us to continue our vital work. As we celebrate 116 years of service, we extend our heartfelt gratitude to each and every one of you.

Together, we look ahead to a future where no senior faces housing insecurity, loneliness, or hunger. With your continued support, we will write the next chapter of SilverSource's legacy, ensuring that seniors receive the care and attention they deserve.



Your kindness and compassion have transformed the lives of seniors in our community, giving them hope, dignity, and a brighter future.

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Jeffrey Davis
Kathleen DeCruze CPA
Carolyn Delahanty
Marianne Delaney
Sibylle DeRosa
Rohini DeSilva

53 million Americans currently serve as caregivers to someone who is aging, ill or disabled.²

Wine, Women & Dementia Film Event

Focus on Caregiver Support

Partnering with the Ferguson Library in Stamford, SilverSource hosted a free screening of the award-winning documentary *Wine, Women & Dementia*. We brought filmmaker Kitty Norton to Stamford to share her personal story of being a caregiver to her mom who suffered from dementia.

After the screening, the audience was able to connect with Kitty, other caregivers, our partner caregiving professionals and SilverSource social workers to share information and resources.

"I am caring for my husband who has dementia and I often feel overwhelmed and isolated. This supportive program provided me with valuable insights and a sense of community, reminding me that I'm not alone in this journey."

Anne R



² Rosalynn Carter Institute for Caregivers

Healthy Eating 101

SilverSource kicked off a new partnership program with UCONN’s Extension Program to provide an interactive series of healthy eating and cooking sessions for seniors. The first one, Savory Soups, was held in January.

The UCONN Extension instructors, who taught in both in English and Spanish, shared how to prepare healthy soups and make smart ingredient choices.

Seniors learned new ways to add flavor without salt or cream and many have been willing to try foods that are totally unfamiliar to them . . . even better, these sessions serve to break down barriers — offering a shared, hands-on experience across cultural backgrounds!

As we age, our nutrition needs change and many older adults don’t eat as well as they should. This can result in malnutrition, vitamin deficiencies, and a number of chronic diseases.³



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| Martha Lawrence |
| Diana Lenkowsky |
| Rita Lerner |

³ National Council on Aging

Annual Luncheon

INSPIRING *lives* LUNCHEON

Mike Mezzapelle was honored with the Adele Gordon Inspiring Lives Award for his years of dedication and support to the Stamford community, including his leadership and generosity on behalf of SilverSource.

More than 250 community and business leaders gathered to demonstrate their support of seniors who need community support.

Mike Mezzapelle, Inspiring Lives Award recipient & SilverSource CEO Kathleen Bordelon



Mike Mezzapelle, Inspiring Lives Award recipient, with his children, mother Rita & brother David



Golf Outing + Pickleball



SilverSource honored Thomas L. Rich, president of F. D. Rich Company and The Rich Foundation, at the annual SilverSource Golf Outing at Rockrimmon Country Club. The event included a morning of Pickleball this year increasing the number of participants on this special day of camaraderie on the course, and now the courts too!



SilverSource CEO Kathleen Bordelon with Tom Rich, Golf Outing honoree



Reed Salvatore, Ryan Salvatore, Ron Salvatore & Randy Salvatore



Golf Outing Champions William Vanderveer, Eric Kaplan, David Alfano & Mitchell Brie

Mark Lapine, Karen M. Kelly & Denise Doria



Mayor Caroline Simmons



John Palazzo, Simon Langdon, Bill Pasqua, & Tom Van Riper



Pickleball players Laura Markowitz, Missy Barkin & Jeannie Kriftcher

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Eleanor & Patrick Ryan
Jim Sabia
Reed & Mary Lou Salvatore
Ryan Salvatore

Growing to Support a Growing Population

The new space will play a pivotal role in our five-year plan for expansion.



Lifelong Learning Lab



Teaching seniors how to connect to healthcare services and community programs reduces the digital divide and provides seniors with access to resources while teaching them safeguards against fraud.

Meeting Rooms



Flexible for community programs and meetings, this room hosts the UCONN Agricultural Extension nutrition program where seniors learn about healthy eating and options to reduce sodium. Community partners join us to explore legal services and support for veterans.



Counseling Center



This friendly space provides a dedicated room for family consultations and caregiver support programs.

Food Pantry



Our new food pantry has increased capacity to provide groceries for seniors with special dietary needs, personal hygiene products and adult diapers.

Eagle Award



Presented to **Tom Getreuer**

We are proud to recognize Dr. Tom Getreuer for his leadership as Board Chair, and nine years of service on the board. His efforts during the pandemic to ensure seniors and staff members were vaccinated and cared for is just one example of his profound commitment and care for our community.



Caring Connections

Reducing isolation while keeping older residents connected to their community is a collaborative effort among our social work staff and caring volunteers. Through our weekly grocery program, home visits, Well-Check call program, holiday and corporate volunteer programs we are making more than 10,000 caring connections each year.

Volunteers provided more than 3,557 hours of service.



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- | | |
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In Memory of

- Adele Gordon
Arthur Rheingold
Cecile F. Rubin
Edward Schulte
Pamela G. Vass

Thank you for making a difference

100% of all donations support our programs



SilverSource provides financial assistance, counseling, and guidance for seniors when facing overwhelming challenges.

EIN# 06-0646916



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SilverSource, a 501(c)(3) non-profit organization, provides a safety net for seniors in need: to keep a roof over their heads, with the heat and lights on, food on the table and the medical care they need.