

Transportation Resources

Reliable transportation is essential for staying healthy, connected, and independent. Whether you need a ride to a medical appointment, help accessing paratransit services, or information about reduced-fare options, this guide brings together trusted local resources for Stamford residents. Listings include medical transport, ride programs for older adults and people with disabilities, on-demand services, taxi assistance, and public transit options.

For guidance, email us at contact@silversource.org or call 203-324-6584

Medical Transportation

[Access Ambulance Company](#)

Provides non-emergency medical transportation for individuals who need stretcher or wheelchair accessible transportation to medical appointments or facilities.

Phone: 203-637-2351

Website: <http://www.nelsonambulance.com/>

Bethel Ambulette

Offers door-to-door ambulette service for medical appointments, including wheelchair transport.

Phone: 203-610-6669

[Non-Emergency Medical Transportation](#) (CT Medicaid / Veyo)

Provides transportation to medical appointments for Medicaid-eligible residents, including rides, mileage reimbursement, and specialized transport.

Phone: 855-478-7350

Website: <https://portal.ct.gov/dss/Health-And-Home-Care/Non-Emergency-Medical-Transportation>

Ride Programs

[ADA Services](#) – Westport / Norwalk Transit District

Paratransit service for riders with disabilities who cannot use fixed-route buses.

Phone: 203-299-5180

Website: <https://norwalktransit.com/ada-services-stamford/>

[Easy Access](#) (Stamford Paratransit)

Door-to-door transportation for Stamford residents with disabilities who qualify for ADA paratransit.

Phone: 203-299-5180

Website: <https://www.stamfordct.gov/government/operations/transportation-traffic-parking/accessible-transportation-resources/easy-access>

[FISH of Stamford](#)

Volunteer-based program providing free rides to medical appointments for Stamford residents who cannot drive.

Phone: 203-348-3474

Website: <https://www.stamfordct.gov/government/operations/transportation-traffic-parking/accessible-transportation-resources/fish-of-stamford>

[GoGo Grandparent](#)

A concierge service that arranges rides through Uber/Lyft for older adults who do not use smartphones.

Phone: 855-464-6872

Website: <https://gogoggrandparent.com/>

[Handicap Parking Permits](#) (CT DMV)

Provides disability parking placards and plates for eligible Connecticut residents.

Phone: 860-263-5154

Website: <https://portal.ct.gov/dmv/vehicle-services/parking-placard-for-disabled-individual>

[StamForward](#) (City of Stamford Microtransit)

On-demand, app-based shared rides within Stamford, offering low-cost local transportation.

Phone: Mobile app only

Website: <https://city.ridewithvia.com/stamford>

[Wheels 2U](#) (Norwalk Transit District)

On demand shuttle service providing shared rides within designated service zones.

Download the app.

Phone: 203-852-0000

Website: <https://norwalktransit.com/wheels-2u/>

SilverSource Ride to Wellness

Provides free, round-trip, wheelchair accessible rides to non-emergency medical appointments with Stamford city limits.

Phone: 203-324-6584

Website: <https://silversource.org/transportation/>

Ride Share

Share the Fare Taxi Program

Reduced-fare taxi rides for Stamford seniors and adults with disabilities; vouchers available through the city.

Phone: Taxi Dispatch: 203-325-2611

Voucher Program: 203-977-4979

Website: <https://www.stamfordct.gov/government/public-safety-health-welfare/health-human-services/programs-services/seniors-and-adults-with-disabilities/share-the-fare>

Public Transit

CT Transit Bus (Senior & Disabled Reduced Fares)

Discounted bus fares for older adults and riders with disabilities on CT Transit routes.

Phone: 203-327-7433

Website: <https://www.cttransit.com/fares/senior-disabled-reduced-fares>

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