



SilverSource is stepping into spring with fresh momentum and an unwavering commitment to supporting seniors. This season, we're welcoming new partners, expanding programs, growing our volunteer team, and strengthening the safety net that helps our older neighbors.

Thank you to everyone who stands with us and with the seniors who rely on us. Every safely housed senior, every ride to a medical appointment, and every bag of groceries delivered reflects a shared belief that aging should come with dignity, stability, and connection.

We hope you'll join us on June 11 at the Stamford Yacht Club for our Inspiring Lives Celebration — an evening of cocktails, dinner, and live music. Your presence and generosity make it possible for us to respond with compassion and urgency whenever an older neighbor needs help.

Warmly,
Kathleen Bordelon
Chief Executive Officer

Housing Update: Progress in Stamford, but gaps remain for seniors

New affordable housing initiatives are in the works in Stamford: A proposal for 305 new affordable downtown apartments is moving through the city's approval process, recent federal funding announcements include support for local community development projects, and Charter Oak Communities has

released its 2026 Public Housing Agency Plan, outlining strategies to expand and preserve affordable units across the city.

While these efforts represent meaningful progress, they still fall short for the seniors we serve. Most new "affordable" units are priced for households earning about \$60,000–\$75,000 a year, far above what many seniors living on fixed incomes can afford. Without housing vouchers or deep subsidies, seniors relying on Social Security alone won't benefit from this progress.

This is where SilverSource steps in. Our team works to find solutions for seniors who are struggling to keep up with rising rents, facing eviction, or searching for safe, stable housing they can realistically afford.

Did You Know?

- 🍀 Stamford has about 13,800 affordable rental units — about 700 fewer than the number of households who need them.
- 🍀 For the city's 7,500 extremely low-income households, the shortage is far more severe: Stamford is short approximately 4,100 deeply affordable units.
- 🍀 Nearly 87% of extremely low-income households in Connecticut spend more than 30% of their income on rent — and 73% spend more than half.

Our 2026 YTD Impact

January 1 – March 30

475

trips to medical visits
via Ride to Wellness

43

seniors helped with
benefits applications

247

bags of groceries delivered
to homebound seniors

51

people helped with
housing stability solutions*

*Rent, moving costs, security deposits,
housing applications

Volunteer Spotlight

When Guy Bailey retired after a 46-year career in education, he immediately missed having a sense of community. He found a new one at SilverSource.



"SilverSource is a relatively small community compared to a school, but it's still a community, and a very warm, inviting, rewarding place to volunteer. As a volunteer, you're made to feel very special!"

"At first, I handled transportation scheduling, helping all the people that can't drive anymore and can't get around and they're not mobile the way they used to be. It makes me feel good to know I'm doing something to make life a little bit easier and better for people. I was amazed at how many Stamford seniors are really hurting – really having a rough go of it."

"They're really good people here at SilverSource! They're dedicated to what they're doing!"

If you're interested in joining our team of volunteers, email us at: volunteer@silversource.org

Client Story: John

Back in the nineties, John's dreams had come true. He owned four successful photography and videography businesses across Fairfield and Westchester counties. "He was a workaholic," his friend Tracy says, "and quite a character," she adds.

But success didn't last forever. As technology evolved, business slowed to a trickle. "By the time the pandemic came around in 2020, money was not coming in at all," says Tracy.

Fast forward to 2026, and John, now 86, had been living alone in Stamford and struggling to get by on a Social Security check of \$2,881. It had become impossible to pay for utilities, medical expenses, food, and transportation after paying his rent of \$2,650.

Things got worse. John discovered fraudulent charges on his bank statement and closed his account to protect himself. He then accidentally wrote a rent check from the closed account. Before he knew it, he was facing eviction. "They treated him very badly," says Tracy.

Tracy contacted SilverSource and we jumped in to help. Social Worker Isabel Alvarado enrolled him in our weekly grocery delivery program and provided emergency food assistance and help with his utilities. SilverSource also set him up with a personal alert system and

partnered with United Way to provide John with \$700 in emergency funds.

Tracy managed to find him a new rental in a senior community in Bethel and SilverSource paid for his moving expenses. "He's in a better place now, with more manageable rent and some breathing room," says Isabel, who also connected him with resources in the Bethel area, so that he'll know where to turn for help. Tracy calls every day to check on him.

"Isabel, we want to thank you for all you and SilverSource have done. You have been an advocate at the 100% level. You have made your time and research available every step through John's journey."

From hospital stays to food delivery, the electric company, and moving into a senior community, SilverSource has been a guiding light. You are his family."

— Tracy

Welcome Aboard

SilverSource has just welcomed three new members to our Board of Trustees.



Mary Maarbjer is returning to the SilverSource board, bringing deep experience and a long history of service to the Stamford community. Mary spent nearly 30 years in senior leadership roles at Pitney Bowes and has served on numerous nonprofit boards, including Building One Community, the Visiting Nurse Association, and Person-to-Person. Mary has also served as an AARP Tax Aide volunteer, CHOICES counselor, and citizenship tutor, and is a weekly volunteer in the SilverSource office. She holds an MBA from The Wharton School.



Michele Piskin is Vice President of Long-Term Care, Residential Services and Development at CaringKind and the owner/operator of a boutique geriatric care management agency. She brings more than 25 years of leadership in aging services, caregiving, and senior living operations to the board. A Stamford resident, she also draws on personal caregiving experience and years of advocacy to champion dignity, safety, and compassionate support for older adults.



Kevin Shippy has extensive experience in marketing, business development, and organizational growth, along with deep expertise in advocacy across the nonprofit and healthcare sectors. He has spent more than 15 years in executive leadership roles, including serving as CEO of the Domestic Violence Crisis Center and holding senior positions at St. John's Episcopal Hospital, the American Diabetes Association, and the March of Dimes. Kevin currently consults for Pfizer and volunteers with SilverSource's food and nutrition programs.

Gifts of Kindness

In February, volunteers from our long-time partner Genworth shared their love for seniors by assembling thoughtful bags of Valentine treats.

We tucked these heartfelt gifts, along with handmade cards, into our weekly grocery deliveries for homebound seniors. We also hand delivered them to seniors at the Cross Road residence and to members of our outreach group at Willard Manor run by SilverSource's Reverend Fred Ogletree, bringing joy and connection to seniors who often spend holidays alone.

On St. Patrick's Day, our volunteers stopped by our community partner, St. Bridget's of Ireland, to pick up four carloads of personal care items donated by their parish, who step up time and again to care for Stamford's seniors.

Afterwards, members of the Rotary Club of Stamford helped bundle these and other items into our signature orange bags for distribution to senior clients.

To each of these partners, and to all who support us with gifts in kind and acts of kindness, thank you!



Stamford Rotarians step up for seniors

Through the Silver Lens: Storytelling, Reflection, and Community

In March, we welcomed the community to *Through the Silver Lens*, a short-film screening and community conversation at the Ferguson Library.

We featured three films by Fairfield County filmmaker Brian Russell of Red Shoe Film. The films explored themes that resonate with seniors and their families:



Brian Russell, James Naughton & Kathleen Bordelon

Alzheimer's, end-of-life planning, love in later life, and the universal questions that accompany aging. Each story invited reflection not only on the challenges older adults face, but also on the resilience, connection, and humor that shape later life.

After the screening, SilverSource CEO Kathleen Bordelon moderated a conversation with Brian Russell and James Naughton, the two-time Tony Award-winning actor featured in the films. Their discussion encouraged the audience to consider aging with deeper compassion and curiosity and as a shared human journey that no one should navigate alone. As one attendee noted, the evening "sparked conversations we don't often have, but that we all need."

Our sincere thanks to Brian Russell, James Naughton, our partners at The Ferguson Library, and most of all to everyone who joined us and contributed to a night filled with storytelling, reflection, and community.

Thank You, Brian!

Seventeen years of service—and countless safe rides later—we're celebrating Brian Brinkley, a beloved driver for our Ride to Wellness program.

"Ride to Wellness is reliable and much appreciated. Brian and Ricardo always get us to our medical appointments safely and on time. We've known Brian a long time and he is always polite and amicable. Thanks also to the staff who take our calls and schedule the rides. What would we do without them?"

— Jackleigh, Ride to Wellness Client



Celebrating Services for Service Men and Women

In February, SilverSource CEO Kathleen Bordelon and Chief Program Officer Alison Heim represented us at the third anniversary celebration of Stamford's Veterans' Resource Center at Old Town Hall.

Since opening, the Veterans' Resource Center has linked hundreds of veterans to local, state, and federal resources — including organizations like SilverSource.

While the Veterans' Resource Center helps veterans understand and apply for federal and state benefits, SilverSource fills the gaps that fall outside those systems — stabilizing housing, providing emergency financial assistance, arranging transportation to medical care, and offering compassionate, hands-on support.



Alison Heim, LCSW, SilverSource

With tax season behind us, now is a great time to plan your 2026 charitable giving. SilverSource offers easy-to-follow factsheets on DAFs, QCDs, and gifts of appreciated stock that explain what they are and how to use them.

To request these resources or learn more, email Sam Connor, VP of Major Gifts, at sconnor@silversource.org or call 475-275-0961



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SilverSource advances the dignity, independence, and quality of life of older adults by providing guidance for families and supportive services to those in need, engaging in community partnerships, and advocating for sound public policies.

INSPIRING *lives* CELEBRATION

Get Ready for an unforgettable night
of music and celebration!

Thursday, June 11, 2026

Stamford Yacht Club | 5:30–8:30pm

Cocktails | Strolling Dinner | Live Music



Purchase tickets at www.silversource.org

SilverSource, a 501(c)(3) public charity, serves as a lifeline and resource for older adults—providing critical support to help seniors stay safe, healthy, and independent. Federal Tax ID #99-1895904

Platinum
Transparency
2025

Candid.