

FOOD DRIVE *for Seniors In Need*

SAT., May 18, 2024 • 10AM-2PM

at  **STOP&SHOP** Ridgeway Shopping Ctr, Stamford CT



Thank You for Your Support!

A donation of any item(s) from this list helps us meet the nutrition needs of the seniors we serve.

A financial donation towards the purchase of food items is also greatly appreciated – to contribute please scan the QR CODE below or donate online at [SilverSource.org](https://www.silversource.org)

SilverSource provides a safety net to seniors in need, to keep a roof over their heads, with the heat and lights on, food on the table and the medical care they need.

For more information, please visit:
[SilverSource.org](https://www.silversource.org)

SilverSource is a 501(c)(3) non-profit organization

Items Needed:

- Instant Oatmeal packs - plain, no sugar
- Breakfast bars
- Cereal (low sugar), like Cheerios or Bran Flakes
- Peanut butter – 16oz jars
- Cans or packets of tuna or chicken
- Canned beans – black, cannellini, etc.
- Canned vegetables - low or no sodium
- Canned fruit in water / Applesauce
- Pasta & Pasta Sauce
- Rice - small bags or boxes
- Vegetable Oil or Olive Oil
- Vinegar (Wine or Balsamic)

or

**Please donate towards the purchase
of much needed food and grocery
items by scanning the QR CODE below**

For more information, please
contact Claudia at SilverSource:
(203) 718-5448 or
claudia@silversource.org

