

For Immediate Release

SILVERSOURCE HONORS MAUREEN & MIKE CACACE and ASHTON APPLEWHITE ADDRESSES AGEISM at 2022 INSPIRING LIVES LUNCHEON

STAMFORD, CT (June 8, 2022) – More than 250 community and business leaders gathered for the 2022 SilverSource *Inspiring Lives* Luncheon at the Italian Center in Stamford on May 18. The event raised funds for the work the agency does to support Stamford-area seniors in need. The 114-year-old organization helps financially struggling older adults retain their homes and utilities, assists with food and healthcare costs, and provides free transportation to older residents traveling to and from medical appointments through its "Ride to Wellness" program.

This year, SilverSource honored Maureen and Mike Cacace with the Adele Gordon "Inspiring Lives" Award for their extraordinary commitment and support to the Stamford community. Named for Adele Gordon who left a legacy of advocacy for low-income seniors and decades of service to her community, SilverSource established the award in recognition of her inspiring life.

Ashton Applewhite, author of *This Chair Rocks: A Manifesto Against Ageism*, a TED mainstage speaker and leading voice of the emerging anti-ageism movement, was the event's guest speaker. Applewhite challenged the Stamford audience to think about age equity and the downside of ageism across all ages—from the "youngers" to the "olders."

"After not being able to hold this event in person due to Covid for two years, it felt great to gather together as a community to raise much-needed funds for older adults in Stamford, as well as celebrate Maureen and Mike Cacace and their longstanding leadership," said SilverSource CEO Kathleen Bordelon. "We were thrilled to have Ashton Applewhite articulate why age belongs alongside race, gender, sexuality, and other identifiers that require us to think deeply and inclusively about how we live."

SilverSource is grateful to the event's sponsors including BENEFACTOR SPONSORS: Accurate Lock & Hardware/The Salvatore Family; Grade A Markets-ShopRite/The Cingari Family; Richard A. Silver, Esq.; The Leandro P. Rizzuto Foundation; F.D. Rich & Co./The Rich Foundation; Silver, Golub & Teitell LLP; HUMANITARIAN SPONSORS: Abate & Abate, LLC, Attorneys at Law; Senator Richard & Cynthia M. Blumenthal; Maureen & Mike Cacace; Cacace Tusch & Santagata, Attorneys at Law; First County Bank; Greenwich Hospital; Peggy Kalter; Mezzapelle & Associates LLC; Pitney Bowes; Plaza Realty & Management Corporation; Reckson; Stamford Health; Tom & Susan Van Riper; and media sponsor Stamford Magazine/Moffly Media.

To learn more about SilverSource, please visit www.SilverSource.org or call 203-324-6584.

About SilverSource

SilverSource provides a safety net to seniors in need, to keep a roof over their heads, with the heat and lights on, food on the table and the medical care they need. In addition, the SilverSource "Ride to Wellness" program provides free transportation for older residents traveling to and from medical appointments. SilverSource, Inc. is a 501(c)(3) non-profit organization, located at 2009 Summer Street, Stamford, CT 06905. www.SilverSource.org.

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